

Announcing a five week tele-class offered by Adidam New York



Easy Death: *Spiritual Wisdom on the Ultimate Transcending of Death and Everything Else* by the Ruchira Avatar, Adi Da Samraj

Consider what Dr. Elisabeth Kübler-Ross, M.D., pioneer in the modern movement on death and dying had to say about Avatar Adi Da's Book "Easy Death" ..

"...an exciting, stimulating, and thought-provoking book that adds immensely to the ever-increasing literature on the phenomena of life and death. But, more important, perhaps, it is a confirmation that a life filled with love instead of fear can lead to ultimately meaningful life and death.

Thank you for this masterpiece."

Learn:

- How to grow beyond fear
- How to prepare for death, right now
- How to serve family members and friends who are in the death process
- How right grieving is necessary not only for the living, but for the one who has died
- What really happens in after-death states
- The paradoxical truth about reincarnation and the deeper personality
- How to Realize the deathless Reality while alive

Throughout all of human history, yogis, saints, and sages—Spiritual Realizers of all degrees and stages—have been the authoritative voices regarding the reality of the continuity of consciousness through the death process and beyond. In the modern era, advances in medical technology has lead to thousands of ordinary men, women, and children reporting on their experiences after being resuscitated from the early stages of the death process without necessarily understanding the greater context within which these experiences occur.

What is the reality of death? How do you optimally prepare for death? What is a truly "easy death"? How does a relationship to an authentic Spiritual Realizer help during the death process?

These and many other critical questions are answered by the Ruchira Avatar, Adi Da Samraj in His unparalleled masterpiece Easy Death. Based on an unprecedented series of Yogic death Events throughout His own Life, Avatar Adi Da Speaks with singular authority on death, reality, and true Divine Freedom.

Wednesday nights from 7:30 to 9:00 PM

April 12, April 19, April 26, May 3, May 10

Tuition \$150

212-726-2820 for Information and to Register

Required study materials in addition to the provided student workbook:

1. Easy Death: Spiritual Wisdom on the Ultimate Transcending of Death and Everything Else, by the Ruchira Avatar, Adi Da Samraj

NOTE: For the purposes of this course, please make sure you have a copy of the 2005 edition of Easy Death rather than an earlier edition as the text has been thoroughly updated with new materials added.

2. The CD Death and the Purpose of Existence (A Selection of Talks from the Wisdom-Teaching of the Ruchira Avatar, Adi Da Samraj)

3. The CD Let Death Make You Serious About Life (A Talk by the Divine World-Teacher, Ruchira Avatar Adi Da Samraj, July 5, 1987)

These items can be ordered from The Dawn Horse Press online at www.dawnhorsepress.com or by calling 1-877-770-0772 (from within North America) or 1-707-928-6653 (from outside North America). Along with these study materials, you will need a notebook or diary that you can easily carry with you to record your ongoing consideration about the topics covered in this course.